

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 02/01/2018																
LUNCH K-12	Total	10														
CHICKEN SALAD ON LETTUCE LEAF	1/2 CUP	5	154	58	229	0.50	0.94	10.6	165	0.98	*4	18.05	5.51	7.51	1.17	*0.02
CHICKEN FLATBREAD SANDWICH	SANDWICHES	5	592	*31	846	2.06	2.18	66.3	101	1.25	*2	19.03	30.54	43.87	*4.11	*0.03
CHIPS, BBQ, BAKED, LAY'S, 1-1/2 CUP	BAG	10	140	0	240	2.00	0.00	20.0	0	2.4	*N/A*	2.0	24.0	3.5	0.50	0.00
SALAD BAR STANDARD	1 CUP	1	128	*1	209	*4.87	*1.57	*47.2	*3573	*18.81	*2	*4.86	19.95	3.72	0.55	*0.00
PICKLE SPEARS, KOSHER DILL	SPEAR	1	0	0	220	0.00	0.00	0.0	0	0.0	*N/A*	0.0	1.0	0.0	0.00	0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM, CHOCOLATE VIT A/D	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			634	*47	912	*5.31	*2.00	*226.3	*860	*22.33	*7 *4.6%	*25.52 *16.1%	66.27 41.8%	29.69 42.1%	*3.23 *4.6%	*0.03 *0.0%
Nutrient Guideline			739				3.95	338.62	1295	16.68		12.74		<=30.0	<10.00	

Mon - 02/05/2018																
LUNCH K-12	Total	10														
MEAT BALL SUB, RTH, w/SWISS	1 SANDWICH	5	506	*74	1720	2.11	3.80	287.4	675	21.19	*N/A*	20.43	37.05	30.76	11.90	*0.00
HAM WRAP ON WHEAT TORTILLA	1/2 WRAP	5	281	37	1522	3.52	2.11	221.6	1536	3.55	*1	18.84	28.76	6.83	4.26	0.00
BAKED BEANS (VEGETARIAN)	SERVINGS	10	160	0	453	5.85	2.09	66.5	223	2.2	*18	6.68	36.7	0.66	0.11	*0.00
FRIES, WAFFLE FRIES, SWEET POT	3 OZ.	10	140	0	80	3.00	0.72	0.0	0	3.6	0	2.0	22.0	5.0	1.00	0.00
SALAD BAR STANDARD	1 CUP	10	128	*1	209	*4.87	*1.57	*47.2	*3573	*18.81	*2	*4.86	19.95	3.72	0.55	*0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM, CHOCOLATE VIT A/D	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			930	*59	2455	*18.08	*7.62	*531.3	*5272	*53.92	*25 *10.7%	*37.67 *16.2%	133.71 57.5%	28.30 27.4%	9.78 9.5%	*0.00 *0.0%
Nutrient Guideline			739				3.95	338.62	1295	16.68		12.74		<=30.0	<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 02/06/2018																
LUNCH K-12	Total	10														
TACO,BEEF,2ea,3M, 2Grain 90-10	2 EACH	5	176	14	157	1.45	0.77	73.6	1107	2.22	*1	11.44	10.44	9.7	2.73	*0.09
CHICKEN TACO	2 EACH	5	228	43	249	2.70	1.61	100.0	499	4.28	*2	19.11	19.87	8.53	2.98	*0.04
REFRIED BEANS, .25 CUP	.25 CUP	10	65	0	180	3.00	0.90	20.0	0	0.0	*N/A*	3.0	12.0	1.0	0.25	0.00
SALAD BAR STANDARD	1 CUP	10	128	*1	209	*4.87	*1.57	*47.2	*3573	*18.81	*2	*4.86	19.95	3.72	0.55	*0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A &	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
MILK, FF SKIM,CHOCOLATEvit	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
A/D																
Weighted Daily Average			503	*31	684	*11.49	*3.94	*317.0	*4746	*38.99	*8	*27.63	69.26	13.96	3.69	*0.07
% of Calories											*6.2%	*22.0%	55.0%	25.0%	6.6%	*0.1%
Nutrient Guideline			739				3.95	338.62	1295	16.68		12.74		<=30.0	<10.00	

Wed - 02/07/2018																
LUNCH K-12	Total	10														
ORANGE CHICKEN	3 oz.	5	283	25	720	2.03	1.09	20.8	*4	*2.06	*8	16.03	24.41	13.0	2.00	*0.00
Teriyaki Chicken	3 OZ	5	140	49	470	0.12	1.01	7.6	115	1.01	*7	19.43	8.75	3.04	1.12	*0.00
STIR FRY VEGETABLES, 1/3 CUP	1/3 CUP	10	22	0	18	1.78	1.78	1.8	*N/A*	*N/A*	*N/A*	0.89	4.45	0.0	0.00	*N/A*
FRIED RICE-1/3 Cup	1/3 CUP	10	303	64	186	1.54	3.58	35.6	1201	1.62	*1	8.08	59.21	2.92	0.79	*0.01
SALAD BAR STANDARD	1 CUP	1	128	*1	209	*4.87	*1.57	*47.2	*3573	*18.81	*2	*4.86	19.95	3.72	0.55	*0.00
FORTUNE COOKIE	1 EACH	1	30	0	2	0.13	0.12	1.0	0	0.0	4	0.34	6.72	0.22	0.05	*N/A*
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A &	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
MILK, FF SKIM,CHOCOLATEvit	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
A/D																
Weighted Daily Average			661	*104	912	*6.43	*6.86	*219.4	*1988	*21.97	*13	*31.71	105.06	11.46	2.45	*0.01
% of Calories											*8.1%	*19.2%	63.6%	15.6%	3.3%	*0.0%
Nutrient Guideline			739				3.95	338.62	1295	16.68		12.74		<=30.0	<10.00	

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Feb 1, 2018 thru Feb 28, 2018

Base Menu Spreadsheet

LUNCH K-12

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 02/08/2018																
LUNCH K-12	Total	1														
FISH SANDWICH ON BUN	1 EACH	1	407	20	661	*1.00	3.56	0.0	0	2.4	*N/A*	20.27	51.93	13.57	2.39	*N/A*
SLOPPY JOE ON A BUN	SERVINGS	1	227	68	249	0.78	2.01	17.7	678	9.5	*2	19.65	9.37	11.89	4.66	*0.00
PEAS, SEASONED 1/3 CUP	1/3 CUP	1	116	0	109	8.23	2.37	35.6	3143	14.79	*N/A*	7.71	21.35	0.42	0.07	0.00
FRIES, STEAK .25 CUP (5 FRIES)	.25 CUP	1	67	0	240	1.33	0.24	0.0	0	4.0	1	1.33	12.01	2.0	0.00	0.00
SALAD BAR STANDARD	1 CUP	1	128	*1	209	*4.87	*1.57	*47.2	*3573	*18.81	*2	*4.86	19.95	3.72	0.55	*0.00
FRUIT, CHOICE	1/2 CUP	1	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEVIT A/D	HALF-PINT	1	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	HALF PINT	1	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			1113	*93	1650	*17.76	*10.21	*413.5	*8014	*67.03	*9	*62.31	146.75	31.73	7.72	*0.00
% of Calories											*3.1%	*22.4%	52.7%	25.6%	6.2%	*0.0%
Nutrient Guideline			739				3.95	338.62	1295	16.68		12.74		<=30.0	<10.00	

Fri - 02/09/2018																
LUNCH K-12	Total	10														
CLUBHOUSE CHICKEN	4 OZ SERVING	5	254	*80	275	*1.04	*0.49	*13.7	*239	*8.91	*0	21.82	5.15	16.61	*4.16	*0.65
POTATOES, AU GRATIN MIX, 1/3 C	1/3 CUP	10	340	0	1815	5.67	1.02	114.0	0	25.51	*6	5.67	70.87	4.25	1.42	*0.00
CARROTS, GLAZED 1/4 CUP	.25 CUP	10	44	0	163	1.19	0.15	14.4	6743	1.68	*4	0.3	5.95	2.27	0.41	*0.00
SALAD BAR STANDARD	1 CUP	10	128	*1	209	*4.87	*1.57	*47.2	*3573	*18.81	*2	*4.86	19.95	3.72	0.55	*0.00
ROLL, HONEY WHEAT, 2 OZ,/5 7g/S	ROLL	10	139	0	239	2.98	1.43	19.9	0	0.0	*N/A*	4.97	26.86	1.99	0.00	0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEVIT A/D	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			887	*43	2655	*16.78	*4.71	*365.4	*10806	*67.39	*16	*31.21	148.36	20.66	*4.50	*0.32
% of Calories											*7.2%	*14.1%	66.9%	21.0%	*4.6%	*0.3%
Nutrient Guideline			739				3.95	338.62	1295	16.68		12.74		<=30.0	<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 02/12/2018																
LUNCH K-12	Total	10														
HAMBURGER ON A BUN	SERVING	5	411	76	521	0.76	3.26	60.5	45	0.55	3	26.38	21.05	23.92	9.47	0.01
HOT DOG, BEEF ON BUN	frank	5	160	35	590	*N/A*	0.36	0.0	*N/A*	*N/A*	*N/A*	6.0	1.0	15.0	7.00	*N/A*
FRIES, STEAK .25 CUP (5 FRIES)	.25 CUP	10	67	0	240	1.33	0.24	0.0	0	4.0	1	1.33	12.01	2.0	0.00	0.00
LETTUCE & TOMATO:1 leaf,2 slice	1 lf,2 slc	1	5	0	1	0.36	0.10	3.5	466	3.49	1	0.25	1.06	0.06	0.01	0.00
SALAD BAR STANDARD	1 CUP	1	128	*1	209	*4.87	*1.57	*47.2	*3573	*18.81	*2	*4.86	19.95	3.72	0.55	*0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A &	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
MILK, FF SKIM,CHOCOLATEvit	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
A/D																
Weighted Daily Average			474	*58	909	*3.77	*2.50	*198.4	*797	*23.44	*7	*22.53	47.28	21.97	8.32	*0.01
% of Calories											*5.8%	*19.0%	39.9%	41.7%	15.8%	*0.0%
Nutrient Guideline			739				3.95	338.62	1295	16.68		12.74		<=30.0	<10.00	

Tue - 02/13/2018																
LUNCH K-12	Total	10														
GREEN CHILE CHICK ENCH,M-2,1GN	SERVING	5	339	66	951	2.66	0.80	*213.7	805	14.11	*0	18.93	24.38	18.09	7.04	*0.00
RED CHILI CHEESE ENCHILADAS	2 ENCHIL ADAS	5	305	36	763	2.47	1.23	285.6	4227	21.61	*1	11.64	25.89	17.54	8.12	*0.33
SPANISH RICE-BrownRice,1/3cup	1/3 Cup	10	83	0	69	1.07	0.58	*14.3	195	7.26	*0	1.79	15.64	1.27	0.20	*0.00
REFRIED BEANS	1/3 CUP	10	160	2	482	7.07	2.30	105.2	16	1.08	*2	9.09	23.49	3.62	0.86	*0.00
SALAD BAR STANDARD	1 CUP	1	128	*1	209	*4.87	*1.57	*47.2	*3573	*18.81	*2	*4.86	19.95	3.72	0.55	*0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A &	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
MILK, FF SKIM,CHOCOLATEvit	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
A/D																
Weighted Daily Average			686	*55	1521	*12.73	*4.34	*537.0	*3455	*45.02	*7	*31.14	88.41	23.21	8.74	*0.17
% of Calories											*4.3%	*18.2%	51.6%	30.5%	11.5%	*0.2%
Nutrient Guideline			739				3.95	338.62	1295	16.68		12.74		<=30.0	<10.00	

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Feb 1, 2018 thru Feb 28, 2018

Base Menu Spreadsheet

LUNCH K-12

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 02/14/2018																
LUNCH K-12	Total	1														
CHICKEN BREAST FILLET, 4OZ	4-OZ	1	200	35	600	1.00	1.08	0.0	0	0.0	*N/A*	17.0	15.0	8.0	1.00	0.00
SPAGHETTI NOODLES, .5 CUP	.5 CUP	1	54	0	43	1.99	0.46	13.1	1	0.0	*0	2.32	11.56	0.24	0.04	0.00
MARINARA SAUCE, SCRATCH, 2-oz	2-OZ	1	48	0	170	0.58	0.62	12.5	406	9.65	*0	1.51	4.95	2.97	0.41	*0.00
GREEN BEANS:Seasoned 1/3 C UP	1/3 CUP	1	11	0	5	0.89	0.16	9.0	89	0.53	*0	0.44	1.78	0.0	0.00	0.00
GARLIC BREAD	SERVINGS	1	156	7	236	2.61	1.49	269.7	31	0.47	*1	5.33	13.05	9.27	2.32	*0.01
MILK, FAT FREE SKIM, w/VIT A &	HALF-PINT	1	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
MILK, FF SKIM,CHOCOLATEVIT A/D	HALF PINT	1	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			589	47	1234	7.07	4.17	604.3	1026	11.86	*1	34.61	66.33	20.47	3.78	*0.01
% of Calories											*1.0%	23.5%	45.0%	31.3%	5.8%	*0.0%
Nutrient Guideline			739				3.95	338.62	1295	16.68		12.74		<=30.0	<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 02/15/2018																
LUNCH K-12	Total	10														
MEAT LOAF	3/4" SLICE	5	206	67	121	1.35	2.23	44.0	136	1.68	*1	16.28	7.96	11.83	4.36	*0.62
ROAST PORK-2OZ	2 Oz.	5	201	63	50	0.06	0.87	20.1	12	0.67	*0	19.7	0.09	12.97	4.41	*0.00
MASHED POTATOES,IDAHO, 1 /3 CUP	.33 cup	10	28	0	112	0.36	0.13	8.0	37	1.28	*N/A*	0.71	6.05	0.36	0.00	*0.00
GRAVY MIX, COUNTRY,.125 CUP	.125 CUP	10	21	0	138	0.00	0.17	0.5	0	0.0	*N/A*	0.0	2.83	0.94	0.47	*0.00
SALAD BAR STANDARD	1 CUP	1	128	*1	209	*4.87	*1.57	*47.2	*3573	*18.81	*2	*4.86	19.95	3.72	0.55	*0.00
ROLL, HONEY WHEAT, 2 OZ./5 7g/S	ROLL	1	139	0	239	2.98	1.43	19.9	0	0.0	*N/A*	4.97	26.86	1.99	0.00	0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A &	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
MILK, FF SKIM,CHOCOLATEVIT A/D	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			389	*68	472	*3.38	*2.44	*210.3	*839	*21.27	*5	*24.18	39.74	14.40	4.95	*0.31
% of Calories											*5.5%	*24.9%	40.9%	33.3%	11.5%	*0.7%
Nutrient Guideline			739				3.95	338.62	1295	16.68		12.74		<=30.0	<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 02/16/2018																
LUNCH K-12	Total	10														
GRILLED CHEESE, HOMEMADE	1 SAND WICH	5	417	33	682	2.05	2.81	265.6	303	0.18	*7	15.07	50.8	17.2	7.45	*0.00
SOUP, HARVEST TOMATO BASIL	.5 CUP	5	80	0	480	1.00	0.72	40.0	500	6.0	*N/A*	2.0	17.0	0.0	0.00	0.00
SALAD BAR STANDARD	1 CUP	1	128	*1	209	*4.87	*1.57	*47.2	*3573	*18.81	*2	*4.86	19.95	3.72	0.55	*0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEvit A/D	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			370	*19	694	*3.55	*2.21	*320.6	*1129	*21.91	*8	*13.52	58.05	9.10	3.82	*0.00
% of Calories											*8.9%	*14.6%	62.8%	22.2%	9.3%	*0.0%
Nutrient Guideline			739				3.95	338.62	1295	16.68		12.74		<=30.0	<10.00	

Tue - 02/20/2018																
LUNCH K-12	Total	10														
SALMON, GRILLED	Portion	5	120	65	280	0.00	0.72	20.0	100	0.0	0	21.0	1.0	3.5	0.50	0.00
MACARONI AND CHEESE	2/3 CUP	5	321	33	961	0.80	0.86	615.3	1665	0.93	*9	22.95	30.52	12.2	6.89	*0.00
ASPARAGUS SPEARS, ROASTED	4 spears	10	83	0	16	1.68	1.74	29.0	573	4.4	*1	2.32	4.11	6.91	1.00	*0.00
SALAD BAR STANDARD	1 CUP	10	128	*1	209	*4.87	*1.57	*47.2	*3573	*18.81	*2	*4.86	19.95	3.72	0.55	*0.00
ROLLS, WHEAT, DOUGH, 1 EA WG	roll	1	80	0	130	1.00	0.72	0.0	0	0.0	*N/A*	3.0	15.0	1.0	0.00	0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEvit A/D	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			547	*52	951	*8.59	*4.46	*556.9	*5399	*40.61	*12	*33.95	63.47	18.71	5.28	*0.00
% of Calories											*8.9%	*24.8%	46.4%	30.8%	8.7%	*0.0%
Nutrient Guideline			739				3.95	338.62	1295	16.68		12.74		<=30.0	<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 02/21/2018																
LUNCH K-12	Total	10														
TACO, BEEF, BLACK BEAN, & CORN	SERVING	10	633	64	1302	9.75	7.48	*301.4	797	11.83	*4	32.21	*73.13	23.75	8.70	*0.05
CHICKEN TACO	2 EACH	10	228	43	249	2.70	1.61	100.0	499	4.28	*2	19.11	19.87	8.53	2.98	*0.04
PINTO BEANS, 1/3 cup	.33	1	89	0	10	3.99	1.33	33.6	0	1.62	*1	5.51	16.1	0.32	0.06	*0.00
SALAD BAR STANDARD	1 CUP	10	128	*1	209	*4.87	*1.57	*47.2	*3573	*18.81	*2	*4.86	19.95	3.72	0.55	*0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEvit A/D	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			1106	*110	1852	*19.26	*11.08	*614.9	*5239	*52.02	*13	*61.22	*136.71	36.16	12.27	*0.09
% of Calories											*4.7%	*22.1%	*49.4%	29.4%	10.0%	*0.1%
Nutrient Guideline			739				3.95	338.62	1295	16.68		12.74		<=30.0	<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 02/22/2018																
LUNCH K-12	Total	10														
CHICKEN, BREADED OVEN FRIED	SERVING	5	350	141	786	1.70	10.22	151.5	6122	0.3	*1	22.34	27.41	16.79	2.72	*0.00
CHICKEN, BAKED	SERVINGS	5	4	2	1	0.00	0.03	0.4	1	0.0	*N/A*	0.66	0.0	0.11	0.04	*N/A*
PASTA WITH FRESH TOMATO SAUCE	SERVING	10	454	7	291	5.76	3.21	129.6	1172	18.36	*0	14.04	44.32	14.63	2.85	*0.00
SQUASH,SUMMER 1/3 CuP	1/3 Cup	10	12	0	1	0.83	0.21	16.0	126	3.27	2	0.54	2.56	0.18	0.04	0.00
SALAD BAR STANDARD	1 CUP	10	128	*1	209	*4.87	*1.57	*47.2	*3573	*18.81	*2	*4.86	19.95	3.72	0.55	*0.00
ROLL, HONEY WHEAT, 2 OZ./5 7g/S	ROLL	10	139	0	239	2.98	1.43	19.9	0	0.0	*N/A*	4.97	26.86	1.99	0.00	0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEvit A/D	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			1019	*81	1225	*16.84	*11.83	*451.8	*8302	*57.52	*8	*40.40	129.54	29.10	4.86	*0.00
% of Calories											*3.1%	*15.9%	50.9%	25.7%	4.3%	*0.0%
Nutrient Guideline			739				3.95	338.62	1295	16.68		12.74		<=30.0	<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 02/23/2018																
LUNCH K-12	Total	10														
PIZZA, VARIETY	1 SLICE	5	454	42	1145	2.94	*0.99	*19.2	*487	*25.29	*0	23.18	60.39	13.37	6.37	0.00
CARROTS, STEAMED 1/3 CUP	.33 CUP	5	77	0	121	*4.23	0.46	50.1	25342	*8.92	*7	1.41	14.52	2.0	0.37	0.35
SALAD BAR STANDARD	1 CUP	10	128	*1	209	*4.87	*1.57	*47.2	*3573	*18.81	*2	*4.86	19.95	3.72	0.55	*0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEvit A/D	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			502	*24	934	*10.00	*2.58	*244.9	*16858	*52.85	*10	*21.65	79.56	11.54	3.96	*0.17
% of Calories											*7.8%	*17.3%	63.5%	20.7%	7.1%	*0.3%
Nutrient Guideline			739				3.95	338.62	1295	16.68		12.74		<=30.0	<10.00	

Mon - 02/26/2018																
LUNCH K-12	Total	10														
CORN DOG ON STICK	1 EACH	5	280	50	570	1.00	1.80	80.0	0	1.2	*N/A*	10.0	32.0	14.0	4.50	0.00
CHICKEN CHUNKS, WG, 5 PIECE	SERVING-	5	200	35	520	*N/A*	0.72	20.0	100	1.2	0	14.0	14.0	10.0	2.00	0.00
FRIES, STEAK .25 CUP (5 FRIES)	.25 CUP	10	67	0	240	1.33	0.24	0.0	0	4.0	1	1.33	12.01	2.0	0.00	0.00
BEANS, BAKED 1/3 CUP	1/3 CUP	10	93	0	366	3.33	1.20	26.6	67	0.0	*N/A*	4.0	19.31	0.67	0.00	0.00
SALAD BAR STANDARD	1 CUP	10	128	*1	209	*4.87	*1.57	*47.2	*3573	*18.81	*2	*4.86	19.95	3.72	0.55	*0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEvit A/D	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			636	*46	1452	*11.58	*4.55	*286.9	*4060	*40.95	*7	*26.68	96.42	18.52	3.84	*0.00
% of Calories											*4.3%	*16.8%	60.6%	26.2%	5.4%	*0.0%
Nutrient Guideline			739				3.95	338.62	1295	16.68		12.74		<=30.0	<10.00	

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Tue - 02/27/2018																
LUNCH K-12	Total	10														
ORANGE CHICKEN	3 oz.	1	283	25	720	2.03	1.09	20.8	*4	*2.06	*8	16.03	24.41	13.0	2.00	*0.00
CHICKEN, TERIYAKI RICE BO WLS	SERVINGS	5	277	35	1834	1.33	*1.49	*16.6	0	*0.38	*0	18.63	*33.22	8.11	1.01	*0.00
RICE,BROWN,UNCLE BEN'S, 1/ 3 C	1/3 CUP	10	74	0	2	*0.00	0.64	1.1	0	0.0	*N/A*	1.75	16.18	0.0	0.00	*0.00
STIR FRY VEGETABLES, 1/3 CUP	1/3 CUP	10	22	0	18	1.78	1.78	1.8	*N/A*	*N/A*	*N/A*	0.89	4.45	0.0	0.00	*N/A*
SALAD BAR STANDARD	1 CUP	1	128	*1	209	*4.87	*1.57	*47.2	*3573	*18.81	*2	*4.86	19.95	3.72	0.55	*0.00
FORTUNE COOKIE	1 EACH	10	30	0	2	0.13	0.12	1.0	0	0.0	4	0.34	6.72	0.22	0.05	*N/A*
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEvit A/D	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			415	*23	1124	*4.80	*3.83	*182.0	*728	*19.21	*9	*18.88	*70.54	6.08	0.85	*0.00
% of Calories											*8.9%	*18.2%	*68.0%	13.2%	1.8%	*0.0%
Nutrient Guideline			739				3.95	338.62	1295	16.68		12.74		<=30.0	<10.00	
Wed - 02/28/2018																
LUNCH K-12	Total	10														
LASAGNA WITH 90-10 GROUND BEEF	SERVINGS	5	542	134	516	2.69	5.40	298.6	1073	15.4	*1	51.94	27.6	26.09	10.66	*0.00
SPAGHETTI & CHICKEN MEAT SAUCE	1 CUP	5	235	66	69	1.93	2.77	52.1	274	5.41	*3	28.61	18.46	5.12	1.71	*0.00
GREEN BEANS:Seasoned 1/3 C UP	1/3 CUP	10	11	0	5	0.89	0.16	9.0	89	0.53	*0	0.44	1.78	0.0	0.00	0.00
SALAD BAR STANDARD	1 CUP	10	128	*1	209	*4.87	*1.57	*47.2	*3573	*18.81	*2	*4.86	19.95	3.72	0.55	*0.00
BREADSTICKS, PARBAKED	1 STICK	10	120	0	220	1.00	*N/A*	20.0	0	0.0	1	5.0	25.0	0.5	0.00	0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEvit A/D	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			756	*103	818	*10.61	*6.10	*414.7	*4705	*46.68	*9	*55.07	91.91	19.95	6.78	*0.00
% of Calories											*4.8%	*29.1%	48.6%	23.8%	8.1%	*0.0%
Nutrient Guideline			739				3.95	338.62	1295	16.68		12.74		<=30.0	<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Average			679	*59	1247	*10.45	*5.30	*372.0	*4679	*39.17	*10 *12.9%	*33.33 *19.6%	*90.96 *53.6%	20.28 26.9%	*5.49 *7.3%	*0.07 *0.1%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	679		739	92%		60		Correction Required - Calories are Low
Cholesterol (mg)	59				Missing			
Sodium 1 (mg)	1247					1247		
Sodium 2 (mg)	1247					1247		
Fiber (g)	10.45				Missing			
Iron (mg)	5.30		3.95	134%	Missing			
Calcium (mg)	372.0		338.62	110%	Missing			
Vitamin A (IU)	4679		1295	361%	Missing			
Sugars (g)	10	5.73%			Missing			
Vitamin C (mg)	39.17		16.68	235%	Missing			
Protein (g)	33.33	19.64%	12.74	262%	Missing			
Carbohydrate (g)	90.96	53.60%			Missing			
Total Fat (g)	20.28	26.89%	<=30.00%					
Saturated Fat (g)	5.49	7.28%	<10.00%		Missing			
Trans Fat ¹ (g)	0.07	0.09%			Missing			

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